



HUMAN RESOURCES OFFICE REFERENCE SHEET



Office of Personnel Management (OPM): www.opm.gov Provides detailed information on available benefits.

Army Benefits Center-Civilian (ABC-C): <https://portal.chra.army.mil/abc> This is for both Army and Air. Provides Access to **GRB Platform** to find detailed information and manage enrollments for FEHB, FEGLI, and TSP. Information on programs. Phone Numbers: (785)-240-2222 OR (877)-276-9287

BENEFEDS: <https://www.benefeds.gov> Information and management of FEDVIP, Long Term Care, and Flexible Spending account. Phone Number: 1-877-888-3337

Dental and Vision Insurance: <https://www.opm.gov/healthcare-insurance/dental-vision/> Enroll through BENEFEDS and choose Department of the Army or Air as applicable for the agency.

Federal Long Term Insurance Program (FLTCIP): <https://www.opm.gov/healthcare-insurance/long-term-care>
OR <https://ltcfeds.gov> OR Phone Number: 1800-582-3337

Flexible Spending Accounts (FSA): <https://www.opm.gov/healthcare-insurance/flexible-spending-accounts/>
OR www.fsafeds.gov Phone Number: 1-877-372-3337

Thrift Savings Plan (TSP): www.tsp.gov Enrollment/contributions are updated through the GRB platform identified above. Specific TSP account management is done through website.

MyBiz+ Website: <https://comp.dcpds.cpms.osd.mil> View technician personnel information: Pay, insurance, retirement, and performance appraisals.

eOPF: <https://eopf.opm.gov/nationalguard> Access your electronic Official Personnel Folder (SF50s and other employment documents) **Leave and Buy Back:** Submit your Active Duty/Title 10 DD Form 214(s) to the **HR Services Boxes** down below.

eCOMP: <https://ecomp.dol.gov> To File a Workers' Comp Claim

Child Care Aware: <https://www.childcareaware.org/fee-assistancerespite/> If you do not have access to on base childcare provider, you might be eligible to participate in the childcare fee assistance program.

RideShare (ARMY) Info: <https://armyeitaas.sharepoint-mil.us/sites/NGMI/SitePages/MICHIGAN.aspx>

HRO AND FINANCE CONTACTS:

HR Services Air Force: ng.mi.miang.mbx.hro-air-hr-services@army.mil

HR Services Army: ng.mi.miarng.mbx.hro-army-hr-services@army.mil

Army Technician Pay: ng.mi.miarng.mbx.uspfo-pay@army.mil

Air Force Technician Pay (110 WG): 110.WG.Finance.Org@us.af.mil

Air Force Technician Pay (127 WG): 127.wg.pay.entitlements.office@us.af.mil

USPFO Pay Repository (ARMY): <https://ngmia0dp192-099.ng.ds.army.mil/CivPayDocs/>

HRO Hot Line: 517-481-7728